

Zeitplan: Sonntag, den 06.03.2022;

Änderungen vorbehalten.

28.02.2022

M30/35	M40/45	M50/55	M60/65	M70/75	M80/85/90	Zeit	W30/35	W40/45	W50/55	W60/65
Stab AH-1	Stab AH-1	Stab AH-1	Stab AH-1	60 mHü, ZL Weit 1, F, Stab AH1	Kugel F Weit 1, F <b>Stab AH1</b>	10:30	Stab AH1	Stab AH1	60 mHü, ZL Stab AH1	Stab AH1
			60 mHü, ZL			10:35		60 mHü, ZL		
		60 mHü, ZL				10:45	60 mHü, ZL			
60 mHü, ZL	60 mHü, ZL					10:55				
						11:00				
			60 m, ZL			11:10				
				Kugel, F		11:15			Weit 1, F	Weit 1, F
		60 m, ZL				11:20				
				Drei, F		11:35	Drei, F	Drei, F	Drei, F	Drei, F
	60 m, ZL					11:40				
60 m, ZL						11:50				
						12:00	60 m, ZL			
			Weit 1, F			12:05		60 m, ZL		
						12:15			60 m, ZL(55)	60 m, ZL
						12:20			60 m, ZL	
				60 m, ZL	60 m, ZL	12:25				
Stab AH-2	Stab AH-2	Stab AH-2	Stab AH-2	Stab AH-2	Stab AH-2	12:30			<b>Kugel, F</b>	<b>Kugel, F</b>
		200 m, ZL				12:50				
			Hoch, F	Hoch, F	Hoch, F	13:00				
			200 m, ZL			13:15				
				200 m, ZL	200 m, ZL	13:30				
		Weit 1, F				13:45				
			<b>Kugel, F</b>			14:00				
						14:10			200 m, ZL	200 m, ZL

M30/35	M40/45	M50/55	M60/65	M70/75	M80/85/90	Zeit	W30/35	W40/45	W50/55	W60/65
		Hoch, F				14:25	200 m, ZL	200 m, ZL		
Drei, F	Drei, F					14:30				
	200 m, ZL					14:40				
200 m, ZL						14:55	Weit, F	Weit, F		
						15:00				
						15:10	Hoch F	Hoch F	Hoch F	Hoch F
		Kugel, F Drei, F	400 m, ZL Drei, F			15:15				
				400 m, ZL	400 m, ZL	15:25				
400 m, ZL	400 m, ZL					15:35				
		400 m, ZL				15:45				
Weit, F	Weit, F					15:55				
						16:00	400 m, ZL	400 m, ZL	400 m, ZL	400 m, ZL
Hoch, F	Hoch, F					16:10				
	Kugel, F					16:20	800 m, ZL	800 m, ZL	800 m, ZL	800 m, ZL
				800 m, ZL	800 m, ZL	16:30				
			800 m, ZL			16:40				
		800 m, ZL				16:50				
800 m, ZL	800 m, ZL					17:00	Kugel, F	Kugel, F		
Kugel, F			1500m, ZL	1500m, ZL	1500m, ZL	17:35				
						17:50	1500m, ZL	1500m, ZL	1500m, ZL	1500m, ZL
		1500m, ZL				18:05				
1500m, ZL	1500m, ZL					18:15				

Änderungen ab 20 Minuten in Fettdruck